PRELIMINARY PROGRAMME

Shoulder Arthroscopy Instructional Course
Expert Connect Centre, Croxley Park, UK
14 – 15th February, 2019

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Description

From soft tissue removal and repair through to managing bone loss of the glenoid, the Smith & Nephew Advanced Shoulder Arthroscopy programme blends classroom learning with case discussion and hands-on experience in a state of the art facility.

This course has been specifically designed to address the more challenging aspects of arthroscopic repair. Participants will hear lectures on current concepts, be encouraged to engage in debate, and perform advanced techniques in the wet lab. Participants can expect to leave the course with fresh ideas to take back to the operating room.

Accreditation

Accredited by the Royal College of Surgeons - England.

Learning objectives

By attending this course, participants will be able to:

- Explain the latest thinking in arthroscopic shoulder surgery.
- Demonstrate practical arthroscopic advanced rotator cuff repair and stabilisation techniques.
- Outline the treatment options available for patients with massive and “irreparable” rotator cuff tears.
- Outline the treatment options available for managing bone loss.
- Evaluate different treatment options for patients with complex shoulder conditions.

Participant profile

- Experienced shoulder surgeons who are currently performing a high number of arthroscopic procedures including rotator cuff repair and shoulder stabilisation.
- Participants should be interested in more complex shoulder repair concepts including managing bone loss.
- The course will be conducted in English so it is essential participants have a good understanding of the language.

Chairman - Invited

Dr. Miguel A. Ruiz Ibán MD. Ph.D.
Hospital Universitario Ramón y Cajal
Unidad de Hombro y Codo
Traumatología y Cirugía Ortopédica
SPAIN

Faculty - Invited

Dr. Umile Giuseppe Longo
Shoulder Surgeon
University Campus Bio-Medico of Rome
ITALY

Dr. med. Bilal Farouk El-Zayat
Zentrum für Orthopädie und Unfallchirurgie
Universitätsklinikum Gießen und Marburg, Standort Marburg
GERMANY

Dr. Jean Grimberg
Clinique Jouvenet
Paris,
FRANCE
### Thursday 14th February, 2019

*Up to 12:30 Individual arrival & lunch, Expert Connect Centre, Croxley Park, Watford, UK, WD18 8YE*

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>12:30</td>
<td>Welcome to the Expert Connect Centre</td>
<td>P. Wellings, Smith &amp; Nephew</td>
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<tr>
<td>12:35</td>
<td>Course objectives and outcomes</td>
<td>M. Ruiz-Ibán</td>
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<tr>
<td>12:45</td>
<td>Remplissage</td>
<td>TBA</td>
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<tr>
<td>12:55</td>
<td>Revision Bankart repair: Is it worth it?</td>
<td>TBA</td>
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<td>13:05</td>
<td>Bone Loss: Latarjet – Techniques &amp; tips</td>
<td>TBA</td>
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<tr>
<td>13:15</td>
<td>Bone Loss: Bone Block – Techniques and tips</td>
<td>TBA</td>
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<td>13:25</td>
<td>Posterior Instability: diagnosis, repair and reconstruction</td>
<td>TBA</td>
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<tr>
<td>13:35</td>
<td>Bicep lesions: repair, tenotomy or tenodesis</td>
<td>TBA</td>
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<tr>
<td>14:00</td>
<td>Practical Session 1</td>
<td>All</td>
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<tr>
<td>16:00</td>
<td>Didactic 2 - Discussion</td>
<td>All</td>
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<tr>
<td>17:15</td>
<td>Depart ECC to Jurys Inn Hotel, Watford</td>
<td>All</td>
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<tr>
<td>19:30</td>
<td>Course dinner, Bill's Watford restaurant</td>
<td>All</td>
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### Friday 15th February, 2019

*08:00 Transfer from Jurys Inn Hotel to ECC*

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>08:30</td>
<td>Massive cuff tears: Small to Massive, how I deal with them</td>
<td>TBA</td>
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<tr>
<td>08:40</td>
<td>Managing a partial thickness tear: rationale &amp; indications</td>
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<tr>
<td>08:50</td>
<td>Subscapular tendon repair</td>
<td>TBA</td>
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<tr>
<td>09:00</td>
<td>Discussion / Cases</td>
<td>TBA</td>
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<tr>
<td>09:15</td>
<td>Coffee break</td>
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<tr>
<td>09:30</td>
<td>Practical Session 2</td>
<td>All</td>
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<tr>
<td>09:30</td>
<td>Rotator Cuff Repair</td>
<td>All</td>
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<tr>
<td>11:45</td>
<td>Lunch</td>
<td>All</td>
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<tr>
<td>12:30</td>
<td>Practical Session 3</td>
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<tr>
<td>14:15</td>
<td>Adjourn</td>
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<tr>
<td>14:15</td>
<td>Individual departures</td>
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Course fees
Registration fee covers course dinner, accommodation (one night), ground transportation, during programme, instructional course attendance, course materials and refreshments.

Course venue
Smith & Nephew Expert Connect Centre (ECC)
Croxley Park
Building 5 Hatters Lane
Watford
WD18 8YE

Hotel
Jurys Inn Hotel
Clarendon Road
WATFORD
WD17 1JA

Course dinner
Bill's Watford Restaurant
107 High Street
WATFORD
WD17 2DQ

Organiser
Paul B Wellings
ENT & Sports Medicine Content Delivery Manager
Telephone +44 (0) 7971 154 707
Email: paul.wellings@smith-nephew.com
Course Certificates
Delegates will receive a certificate of attendance on completion of the course. Such certificate of attendance will be delivered only to delegates who attend all of the course, unless there are exceptional circumstances. Any exceptions for legitimate reasons will be assessed by the course organiser.

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