Optimising Surgical Abdominal Outcomes
Surgeons at the Cutting Edge
Instructional Course

Agenda

Chair: Professor Michael Sugrue (Ireland)
Faculty: Dr Fernando Ferreira (Portugal)
          Professor Marja Boermeester (Netherlands)

Date: 5 November 2018
Venue: ECC, Croxley Green Business Park, Watford
Welcome from the Chairman

On behalf of Fernando Ferreira, Marja Boermeester and myself I would like to describe to you the ‘Optimising Surgical Abdominal Outcomes’ course - putting the surgeon to the forefront of the cutting edge.

The course will deal with common challenges affecting upper and lower GI surgery, general surgery and complicated abdominal surgery. State-of-the-art recent publications will be translated into short lectures followed by case discussions with interactive video and audience discussion.

Following a morning of decision making and surgical technique we will head into the laboratory for 3 stations to focus on the practical application of NPWT and the RENASYS Abdominal Kit. We will discuss new techniques including dynamic traction and peritoneal resuscitation. Professor Boermeester will lead out on bridging techniques and Dr Ferreira will demonstrate fistula isolation. We will wrap up the day looking at ways to optimise patient outcomes.

I hope you can see the benefit of this course to your practice and I look forward to meeting you at the Smith & Nephew Optimising Surgical Abdominal Outcomes course.

Chair

Prof Michael Sugrue
Consultant Breast & General Surgeon
Letterkenny University Hospital
County Donegal, Ireland

Prof Marja Boermeester
Professor of Surgery
Dept of Surgery
Academic Medical Centre
Meibergdreef 9
Amsterdam, Netherlands

Dr Fernando Ferreira
Consultant General Surgeon
Dept of General Surgery
Hospital Pedro Hispano
Matosinhos
Porto, Portugal

Learning objectives

By attending this course, participants will:

• Have strategies to deal with common surgical challenges that face gastrointestinal and general surgeons
• Have an understanding of complications that can occur and how to deal with them
• Learn state-of-the-art education on open abdomen
• Have hands on training in managing simple and complex open abdomen and use of the RENASYS abdominal kit
• Obtain details of the latest key published papers in the topics addressed
## Agenda

### Morning 5 November 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>08.00</td>
<td>Arrive and welcome</td>
<td></td>
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<tr>
<td>08.30</td>
<td>Current outcome challenges</td>
<td>Michael Sugrue</td>
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<tr>
<td>08.45</td>
<td>Diverticulitis</td>
<td>Marja Boermeester</td>
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<tr>
<td>09.00</td>
<td>Case</td>
<td>Panel</td>
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<tr>
<td>09.20</td>
<td>Large bowel obstruction</td>
<td>Fernando Ferreira</td>
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<tr>
<td>09.35</td>
<td>Optimising that midline incision</td>
<td>Michael Sugrue</td>
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<tr>
<td>09.45</td>
<td>Case</td>
<td>Panel</td>
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### Session 1: Large Bowel Challenges

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>10.05</td>
<td>Complex appendicitis</td>
<td>Michael Sugrue</td>
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<tr>
<td>10.20</td>
<td>Management of cholecystitis</td>
<td>Marja Boermeester</td>
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<tr>
<td>10.35</td>
<td>Case</td>
<td>Panel</td>
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### Session 2: Upper Abdominal Challenges

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>11.15</td>
<td>Incisional hernia repair</td>
<td>Fernando Ferreira</td>
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<tr>
<td>11.30</td>
<td>Current status of open abdomen</td>
<td>Michael Sugrue</td>
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<tr>
<td>11.45</td>
<td>Abdominal wall reconstruction</td>
<td>Marja Boermeester</td>
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<tr>
<td>12.00</td>
<td>Fistula prevention and isolation</td>
<td>Fernando Ferreira</td>
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<tr>
<td>12.20</td>
<td>Case</td>
<td>Panel</td>
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### 10.55 Morning Tea Break

### Session 3: Open Abdomen

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>13.20</td>
<td>Patient rescue the keys</td>
<td>Michael Sugrue</td>
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<tr>
<td>13.35</td>
<td>Case</td>
<td>Panel</td>
</tr>
<tr>
<td>13.55</td>
<td>Introduction to practical session</td>
<td>Fernando Ferreira</td>
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### Session 4: Complications

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<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tr>
<td>16.00</td>
<td>Afternoon break</td>
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### Session 5: Practical Session - open abdomen

1. Basic proper management  
   NPWT and Dynamic Mesh Medicated Traction plus peritoneal resuscitation  
   Michael Sugrue

2. A more complex situation  
   Bridging techniques - component separation  
   Marja Boermeester

3. Managing complications  
   Fistula isolation with NPWT  
   Fernando Ferreira

### 16.40 10 steps to change your practice

### 17.00 End of course

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