Surgical Technique

smith&nephew
TRIGEN°
META-NAIL°
Retrograde Femoral Nail System

Including

TRIGEN°
SURESHOT°
Distal Targeting System
TRIGEN° META-NAIL° Retrograde Femoral Nail System
Surgical Technique

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Nota Bene
The technique description herein is made available to the healthcare professional to illustrate the authors’ suggested treatment for the uncomplicated procedure. In the final analysis, the preferred treatment is that which addresses the needs of the patient.
Indications

The TRIGEN® META-NAIL® Retrograde Femoral Nail is indicated for fractures of the femur including stable and unstable distal metaphyseal fractures, diaphyseal fractures, intraarticular fractures, periprosthetic fractures, nonunions, malunions and for the prophylactic nailing of impending pathological fractures.
TRIGEN® SURESHOT® indications

Legend

Important warnings appear in orange

Tips, tricks and important information appear in blue

Indications, contraindications, intended use and training

The Smith & Nephew TRIGEN SURESHOT Distal Targeting System is intended to be an intraoperative image-guided localization system. It is a computer-assisted orthopaedic surgery tool to aid the surgeon with drill positioning for screws during intramedullary nail implantation. It provides information to the surgeon that is used to place surgical instruments during surgery utilizing intraoperatively obtained electromagnetic tracking data. The Smith & Nephew TRIGEN SURESHOT Targeting System V2.0 is indicated for long bone fractures treated with intramedullary nails in which the use of stereotactic surgery may be appropriate.

An example of a surgical procedure includes but is not limited to locating and drilling the distal holes in an intramedullary nail.

Contraindications

The screw targeting software application for this system is contraindicated for all IM nails other than Smith & Nephew TRIGEN META-NAIL®, TAN®, FAN, Humeral, Pediatric and Adolescent nails. Do not operate the TRIGEN SURESHOT Targeter within 200mm of an installed pacemaker. The magnetic field produced by the Targeter may interfere with the operation of the pacemaker.

Intended use

The TRIGEN SURESHOT Distal Targeting System is only designed for use with the indicated implants and instruments. Implants and instruments must be used in accordance with the instructions, as described in this manual and/or in the non-navigated surgical procedure.

Training

Only trained operators are allowed to use the TRIGEN SURESHOT Distal Targeting System. The various operating instructions must be fully read and understood as part of the training. If any part of the instructions is unclear, please contact your local representative.

Plausibility check

As with all technical equipment, malfunctions may occur due to improper use or, more rarely, technical failure. To reduce the risks involved with such technical malfunction the operation can be completed using manually controlled instruments, providing the malfunction is detected without delay.

It is, therefore, important to check the plausibility of the steps, as indicated by the system, and to carry out verification of the software targeting, particularly when using the system for the first time. Should there be any doubt regarding correct functioning, the targeting should be verified or a switch made to a traditional X-Ray technique.
TRIGEN° META-NAIL° Retrograde Femoral Nail Specifications

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<th>TRIGEN META-NAIL Retrograde Femoral</th>
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<tr>
<td>Material</td>
<td>Ti6Al4V</td>
</tr>
<tr>
<td>Diameter</td>
<td>10, 11.5 &amp; 13mm</td>
</tr>
<tr>
<td>Lengths</td>
<td>18-50cm*</td>
</tr>
<tr>
<td>Nail Color</td>
<td>Gold</td>
</tr>
<tr>
<td>Cross Section</td>
<td>Round</td>
</tr>
<tr>
<td>Distal Diameter (driving end)</td>
<td>12mm (10, 11.5 dia)</td>
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<tr>
<td></td>
<td>13mm (13 dia)</td>
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<tr>
<td>Proximal Diameter (non-driving end)</td>
<td>10, 11.5 &amp; 13mm</td>
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<tr>
<td>Smallest Thru Diameter</td>
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<tr>
<td>Wall Thickness</td>
<td>2.3mm (10 dia)</td>
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<tr>
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<td>3.0mm (11.5 dia)</td>
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<tr>
<td></td>
<td>2.3mm (13 dia)</td>
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<tr>
<td>Guide Bolt Thread</td>
<td>5/16-24 UNF</td>
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<tr>
<td>Screw Diameter</td>
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<td>Major Diameter</td>
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<td>4.7mm</td>
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<td></td>
<td>7.0mm Cannulated Screw</td>
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<td></td>
<td>PERI-LOC™ 4.7mm Hexdriver, PROFIX™ 4.7mm Headdriver</td>
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<td>Alternative Modes</td>
<td>No</td>
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<tr>
<td>Distal Locking (Driving End)</td>
<td>15mm/ML - Threaded, Can be locked with META-NAIL Cap</td>
</tr>
<tr>
<td></td>
<td>30mm/25° - Threaded w/bushing</td>
</tr>
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<td></td>
<td>40mm/25° - Threaded w/bushing</td>
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* Set does not include all sizes, Additional sizes may be special order only.

Note: These views are not to scale and should be used as a pictorial representation only.
Surgical technique

Patient positioning

Position the patient supine on a radiolucent table. Flex the affected limb approximately 45° over a posterior support to assist with fracture reduction. Check for length and rotation by comparison to the unaffected limb.

Rotate the C-Arm to ensure optimal AP and lateral visualization of the entire femur. The C-Arm should be able to freely access the femur up to and including the intertrochanteric area. A distraction device may also be applied to obtain and/or maintain traction.

Intraarticular fracture components should be addressed with interfragmentary screw fixation prior to nail insertion. Care should be taken to place the screws in the anterior and posterior aspect of the distal femur and safely out of the nail’s intended path.

**Note** Cannulated screw guide wires allow for confirmation of definitive screw placement prior to fracture fixation and nail insertion.

Use a bolster or radiolucent triangle to maintain limb position. Rotate the C-Arm to ensure optimal AP and lateral visualization of the entire femur. A distraction device may also be applied to obtain and/or maintain traction.

**Caution** Do not use a metal bump because it will adversely affect the accuracy of the TRIGEN® SURESHOT® system.
Accessibility of documentation
Please ensure that all instructions are kept in an easily accessible place for operating personnel.

The operator checks and decides
All the information provided by the TRIGEN SURESHOT Distal Targeting System is to help the operator make decisions during the operation. The operator must check all the suggestions made by the system and is responsible for all decisions taken.

Responsibility of Smith & Nephew
In the event of improper use, Smith & Nephew accepts no responsibility or liability whatsoever for the functioning or utility of the TRIGEN SURESHOT Distal Targeting System when used in the operating theatre.

Cleaning and sterilization
All instruments must be sterilized before use. Detailed information on the cleaning and sterilization of components is contained in the separate Cleaning and Sterilization Instructions (Smith & Nephew document 7138-1339).

Repair or modifications to the system
The user is not permitted to modify or service the equipment. There are no serviceable parts inside the unit. Refer all service to authorized personnel.

Modifications/additions to the software
The user is not permitted to install or uninstall software. Any new software must be installed by the manufacturer or by authorized personnel.

It is only allowed to connect equipment to the interface and power supply connections of the TRIGEN SURESHOT Distal Targeting System which are IEC60601-1 approved and which are approved by Smith & Nephew. Do not modify this equipment without authorization of the manufacturer.

Electrical safety warning
To avoid risk of electric shock, this equipment must only be connected to a supply mains with protective earth (=ground).

Avoid spilling water or other liquids on electronic/electrical equipment.

Use only Smith & Nephew disposables and accessories with the Smith & Nephew TRIGEN SURESHOT Distal Targeting System.

Maintenance
To verify accurate functionality, the device should be checked per the Maintenance Instructions contained in a separate Smith & Nephew document 7118-1927. This accuracy check must be performed at least once every 12 months.

If this accuracy check is not performed as defined in the previous paragraph, all warranty claims expire and the device is operated at the user’s own risk.

Recycling
Old electrical and electronic equipment must be disposed separately and may not be included in the regular domestic waste. Alternatively, the unit can be handed over to Smith & Nephew for correct recycling.
**Note** Do not unplug the power while the system is running!

**Note** Danger of damage and tipping over!

**Tip** Place the unit on a firm, level surface capable of holding at least 10kg (22 lbs).

**Note** To avoid the risk of electric shock, this equipment must only be connected to a supply mains with protective earth.
Devices for system set up

**Trauma Interface**
Cat. No. 7169-2802

**Power Cord**
Cat. No. 6680-0193

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**TRIGEN® SURESHOT® Targeter**
Cat. No. 7169-2801

**Note** The Targeter will be operated within the sterile field and may have contact with the skin of the patient. The drill sleeve inserts will be used in the incision and have direct bone contact.

**Note** Verify that the Targeter housing is not damaged (holes, tears, cracks). If the housing or the connector is damaged, the Targeter is no longer safe to use.

**Note** If the Targeter is not recognized after connection to the system, the Targeter is defective and must be exchanged. (See also instrument connection).

**Note** Broken or damaged instruments must be exchanged immediately and sent back to Smith & Nephew, Inc.

**Note** This device is provided non-sterile and must be cleaned and sterilized per *Cleaning and Sterilization* (Smith & Nephew document 7138-1339) prior to use.
Surgical procedure – OR preparation

Note This procedure will cover only the specific steps of freehand targeting of intramedullary locking holes using the TRIGEN SURESHOT Distal Targeting System. For the full surgical procedure, please refer to the specific surgical technique for the TRIGEN IM Nail System being implanted.

Trauma Interface setup
After the sterile areas have been established, place the Trauma Interface (7169-2802) in the desired non-sterile location and turn on the power switch.

Tip If the Trauma Interface does not power on, make sure the switch is in the “on” position.

Note No other electrical devices should be placed near the Trauma Interface. See the “Guidance and Manufacturer’s Declaration – Separation Distances” table contained in Smith & Nephew document 7118-1927.

Pressing the power button will bring up the start-up screen.

TRIGEN SURESHOT Targeter connection
When the display prompts for tool connections, connect the TRIGEN SURESHOT Targeter (7169-2801) to the Targeter port on the Trauma Interface.

Tip When oriented as shown, the connector should assemble easily. Do not force the connector into the port.

Note The Targeter body may have contact with the patient and must remain in the sterile field at all times. Only the cable and connector may be removed from the sterile field.

Note This step needs to be performed at least ten minutes prior to targeting in order to ensure proper accuracy.

Note If the Targeter is properly connected to the system and the application remains in this screen for more than 30 seconds, the Targeter may have been damaged during cleaning/sterilization. In this case another Targeter has to be used.

Tip It is possible at any time to disconnect and reconnect tools when the application is running. The display will show a screen reporting the missing instrument.
Targeter and probe have not been connected

Confirmation that the Targeter tool has been connected when the center of the Targeter lights up orange.

SURESHOT Targeter connected.
Instruments for opening the distal femur

**3.2mm Tip Threaded Guide Wire**  
Cat. No. 7163-1690

**12.5mm Entry Reamer**  
Cat. No. 7163-1116

**Honeycomb**  
Cat. No. 7167-4075

**Entry Portal Tube**  
Cat. No. 7167-4060

**Entry Portal Handle**  
Cat. No. 7167-4092

**Mini Connector**  
Cat. No. 7163-1186

**T-handle**  
Cat. No. 7167-4076

**3.2mm T-handle Trocar**  
Cat. No. 7167-4074

**Cannulated Awl**  
Cat. No. 7167-4000
Incision and entry point

Assemble the Honeycomb (7167-4075), Entry Portal Handle (7167-4092) and Entry Portal Tube (7167-4060). The pieces will lock in place securely at either 0° or 180°.

A 3-4cm midline incision is made followed by a medial parapatellar capsular incision to expose the intercondylar notch. Gently retract the patellar tendon laterally.

The entry point is located within the intercondylar notch just anterior and lateral to the femoral attachment of the posterior cruciate ligament.
Entry portal acquisition

Attach a 3.2mm Tip Threaded Guide Wire (7163-1690) to the drill via the Mini Connector (7163-1186) and insert 6-8cm into the distal femoral metaphysis. The Entry Portal Instrumentation serves as a soft-tissue protector.

The guide wire should be in line with the femoral axis in the AP view and anterior to Blumensaat’s Line in the lateral view.

In the instance of suboptimal wire placement, rotate the Honeycomb within the Entry Tube to the desired location and insert another 3.2mm Tip Threaded Guide Wire.
Entry portal

After definitive Guide Wire placement, remove the Honeycomb from the Entry Tube along with any additionally inserted Guide Wires and attach the 12.5mm Entry Reamer (7163-1116) to power. Advance over the Guide Wire through the Entry Tube to a depth of 6-8cm.

Check position via radiographic imaging and then remove the 12.5mm Entry Reamer and 3.2mm Tip Threaded Guide Wire.

Alternative technique:
Entry portal

Attach the T-handle (7167-4076) to the Cannulated Awl (7167-4000) and insert into the distal femur to a depth of 6-8cm. Introduce the 3.2mm T-handle Trocar (7167-4074) into the back of the assembly prior to insertion in order to prevent awl slippage and accumulation of cortical bone within the cannulation.
Instruments for fracture reduction and reaming

- **Entry Portal Tube**  
  Cat. No. 7167-4060

- **Ruler**  
  Cat. No. 7167-4079

- **T-handle**  
  Cat. No. 7167-4076

- **Reamer Heads**  
  Cat. No. 7111-8231–8242

- **Entry Portal Handle**  
  Cat. No. 7167-4092

- **Gripper**  
  Cat. No. 7163-4080

- **Obturator**  
  Cat. No. 7167-4078

- **Reamer Shaft**  
  Cat. No. 7111-8200

- **Reducer**  
  Cat. No. 7167-4077

- **3.0mm Ball Tip Guide Rod**  
  Cat. No. 7163-1626
Fracture reduction

Insert the back end of the 3.0mm Ball Tip Guide Rod (7163-1626) into the front of the Gripper (7167-4080) and gently close the trigger grip. Connect the Reducer and Reducer Connector (7167-4077) so that the words “Slot Orientation” are in line with the opening at the tip. Complete the assembly by connecting it to the T-handle (7167-4076).

Note If blocking screws are desired at this point in the procedure, refer to the blocking screws technique section (pp. 43-49).

Advance the Reducer into the intramedullary canal and use the curved tip to direct the 3.0mm Ball Tip Guide Rod past the fracture into the region of the proximal femur.

The guide rod should be center-center in the AP and lateral views.
Reducer removal

Once the guide rod is at the desired depth, detach the Gripper and remove the Reducer from the femoral canal. Slide the Obturator (7167-4078) into the back of the T-handle during extraction in order to maintain guide rod position within the canal.

Implant measurement

After Reducer removal, reconfirm guide rod placement within the proximal femur and slide the Ruler (7167-4079) over the guide rod to the desired depth. The metal tip of the Ruler denotes the driving end of the META-NAIL® Retrograde Femoral Nail.

Confirm guide rod position in the window at the opposite end of the Ruler as shown in order to ensure accurate implant measurement. Push down on the top of Ruler until contact is made with the 3.0mm guide rod. Implant length is read from the exposed calibrations at the end of the Ruler.

**Note** Implant length selection should take into consideration the fact that the nail must be countersunk past the articular surface of the distal femur.

**Note** Confirm that the Ruler opens easily and adjust the thumb-wheel connection at the end to allow for free movement.
Unreamed technique

Radiographic templating is used to determine nail size. The appropriate diameter implant will provide translational fill within the isthmus of the intramedullary canal. Generally, selection of a nail at least 1-1.5mm less than the narrowest canal measurement on the lateral radiograph assists in avoiding implant incarceration during insertion.
Reamed technique

Radiographic templating and intraoperative measurement will determine nail size. Beginning with the 9.0mm Front Cutting Reamer Head (7111-8231) and Flexible Reamer Shaft (7111-8200), ream the intramedullary canal sequentially in half millimeter increments to a size 1-1.5mm larger than the selected nail size.

Ensure guide rod placement during reaming by inserting the Obturator into the back of the Reamer unit during retraction. Continue to confirm Guide Rod placement in the proximal femur throughout reaming. Periodically move the Reamer back and forth in the canal to clear debris from the cutting flutes.
Instruments for nail assembly and insertion

Guide Bolt Wrench
Cat. No. 7163-1140

META-NAIL* Drill Guide
Cat. No. 7165-4502

Guide Bolt Long
Cat. No. 7165-4506

Cannulated Impactor-Short
Cat. No. 7165-4554

T-handle
Cat. No. 7167-4076

META-NAIL Standard Drill Guide Probe
Cat. No. 7169-2814

Guide Bolt Wrench
Cat. No. 7163-1140

META-NAIL* Anterior Drop
Cat. No. 7165-4501

9.0mm Drill Sleeve
Cat. No. 7163-1152

4.0mm Drill Sleeve
Cat. No. 7167-4083

4.0mm Long Pilot Drill*
Cat. No. 7163-1110

Cannulated Impactor-Medium
Cat. No. 7167-5081

Slotted Hammer
Cat. No. 7167-4082

META Set Stop
Cat. No. 7169-2806

* 4.0mm Long Pilot Drill (7163-1110) is interchangeable with 4.0mm AO Long Drill (7163-1121)
Nail assembly

Attach the META-NAIL® Drill Guide (7165-4502) to the nail with the Guide Bolt Long (7165-4506) and tighten with the Guide Bolt Wrench (7163-1140) and T-handle. The nail is correctly aligned when:

1. The line on the insertion barrel matches the line on the back of the nail.
2. The “A” on the nail matches the “A” on the insertion barrel.
3. The apex of the nail’s AP Bow and the drill guide itself are oriented anterior.

The bevel on the front of the nail marks the connection to the drill guide and can be seen in the lateral view as a means for determining distal insertion depth.

Note: Do not use the META-NAIL Extension Drill Guide to insert the Retrograde Femoral Nail as the Insertion Barrel is too short to allow for adequate countersinking of the nail. It is recommended to use the standard drill guide and Long Guide Bolt due to the longer Insertion Barrel.

Attach the Anterior Drop (7165-4501) to the drill guide and verify targeting accuracy by inserting a gold 9.0mm Drill Sleeve (7163-1152) and silver 4.0mm Drill Sleeve (7167-4083) into the Drop and passing a 4.0mm Long Pilot Drill (7163-1110)* through the assembly. An incorrectly attached nail will not target.

Note See page 25 for the field accuracy check with the TRIGEN® SURESHOT® Distal Targeting System.

* 4.0mm Long Pilot Drill (7163-1110) is interchangeable with 4.0mm AO Long Drill (7163-1121)
System setup

Connect probe to Trauma Interface unit. Make sure to use the adequate probe with the correct nail (color coded). Connect the probe to either of the probe sensor ports on the Trauma Interface.

**Note** For assembly, screw on set stop to drill guide, then insert probe.

**Note** The probe will be used as an intramedullary tool inside the nail placed in the patient’s bone.

**Note** If the probe is not recognized after connection to the system, the probe is defective and must be exchanged. (See also instrument connection).

**Note** Broken or damaged instruments must be exchanged immediately and sent back to Smith & Nephew, Inc.

**Note** This device is provided sterile by ethylene oxide gas and is single use.

There will be a confirmation on the screen of the Trauma Interface that implies that the probe has been connected.

**Tip** When oriented as shown, the connector should assemble easily. Do not force the connector into the port.

**Note** If the probe is properly connected to the system and the application reports “Probe not found” for more than 10 seconds, the probe may be damaged or defective. In this case, the probe has to be exchanged.

**Tip** It is possible at any time to disconnect and reconnect tools when the application is running. The display will show a screen reporting the missing instrument.
After TRIGEN® SURESHOT® Targeter and probe have been connected, attach drill sleeve to Targeter. The displayed screen will occur. Select the length of the drill sleeve (7169-2804 or 7169-2805) that will be used. Generally the short sleeve is sufficient. In some cases using the femoral retrograde technique, the long sleeve needs to be used.

**Tip** A different sleeve can be selected at any time during the procedure by choosing the drill sleeve option from the drop down menu after the implant has been selected. The selected sleeve will be noted on the Trauma Interface screen.

**Drill sleeve attachment**
Tightly secure the selected drill sleeve to the Targeter.

**Tip** The drill sleeve (7169-2804 and 7169-2805) can be loosened from the Targeter using the slot in the TRIGEN Slotted Hammer (7167-4082).

Select the TRIGEN IM nail and size that will be used.

**Tip** A different TRIGEN IM nail and/or size can be selected at any time during the procedure by choosing the Implant option from the drop down menu. The selected implant and diameter will be noted on the Trauma Interface screen.
Locking hole accuracy check in the operative field

Insert the probe with the assembled set stop through the drill guide and cannulation of the TRIGEN® IM nail.

Tip The Guide Bolt Wrench (7163-1140) may be used as a lever to release the set stop from the drill guide if overtightened.

Note The TRIGEN SURESHOT® Distal Targeting System cannot be used with the Standard TRIGEN Drill Guide (7163-1134).

Ensure that the probe is oriented correctly and the set stop position and IM nail length match.

Note Verify the set stop position and nail length match, align the drill sleeve with one of the distal holes of the nail. Verify on the display that the representation of the nail/drill sleeve is true. Remove the probe from inside the nail and begin nail insertion. Take off set stop before inserting the nail and place the impactor.

Note Verify the probe is oriented correctly in the set stop (notches should face anteriorly). If the probe is rotated 180º, it will not be accurate.

Note The probe is bent for easier insertion. Do not straighten it as this may cause inaccuracy or even missing the lock.

Note All tool cables should be uncoiled completely and any excess cables should be kept out of the Targeter measurement volume.

Note To guarantee system accuracy, the accuracy check has to be performed directly in the operative field.
Field accuracy check: optional

A field accuracy check procedure should be performed at least once a year or whenever the accuracy of a TRIGEN® SURESHOT® probe or TRIGEN SURESHOT Targeter needs to be verified. This procedure can also be performed during surgery to verify all components are working correctly prior to their use on a patient.

Field accuracy check steps
1. Attach TRIGEN SURESHOT Field Accuracy Gauge (7169-2808) to TRIGEN SURESHOT Targeter. The knob on the Field Accuracy Gauge should be hand tightened only.

2. Attach the TRIGEN SURESHOT META Set Stop (7169-2806) to the end of the Field Accuracy Gauge, insert a TRIGEN SURESHOT probe into the set stop and set the depth to the “REF” mark on the probe body.

3. From the software “Menu” button, select “Field Check” option.
4. A software window will appear informing the user if the TRIGEN® SURESHOT® Targeter and Probe combination is within the predefined accuracy parameters ("Pass" or "Fail" message).

5. If the field accuracy check fails, check the “Troubleshooting” section of this document for possible solutions.

**Note** This step should be performed at least once a year to ensure that the device is working properly.
Nail insertion

Detach wing and set stop and attach impactor

Remove the Anterior Drop and attach the Cannulated Impactor-Medium (7167-5081) to the drill guide. Orient the drill guide assembly in the AP position and advance the nail over the guide rod by light blows from the Slotted Hammer (7167-4082) to the desired depth.

Additional reaming of the intramedullary canal may be necessary if excessive force is required to insert the nail.

Verify fracture reduction as the nail crosses the fracture site paying close attention to rotation, length, alignment, distraction and/or shortening. Check final nail position in both the AP and lateral views for correct alignment.
Check nail depth

**Distal**
In the AP and lateral views, confirm nail position within the distal femur. The notch at the nail/drill guide junction will be visible in the lateral. Each gauge on the insertion barrel represents a 10mm depth interval.

**Proximal**
In the AP view, confirm that the nail has been inserted to the desired depth. Femoral fractures should be treated with the longest nail possible in order to reduce the likelihood of stress risers. Remove the guide rod once the nail has been fully seated and attach the Anterior Drop.

**Note** Following nail insertion, confirm that the nail and drill guide are securely connected as hammering can loosen the Guide Bolt.
Devices to lock distally

- **Truma Interface**
  Cat. No. 7169-2802

- **Power Cord**
  Cat. No. 6680-0193

- **Drill Sleeve, Long**
  Cat. No. 7169-2804

- **Drill Sleeve, Short**
  Cat. No. 7169-2805

- **META-NAIL® Standard Drill Guide Probe**
  Cat. No. 7169-2814

- **TRIGEN® SURESHOT® Targeter**
  Cat. No. 7169-2801

- **AO Drill Bit, Short**
  Cat. No. 7169-2810

- **AO Drill Bit, Long**
  Cat. No. 7169-2811

- **Hexdriver**
  Cat. No. 7169-2809

- **META Set Stop**
  Cat. No. 7169-2806

**Note** When the Targeter is out of the preferred range or there is metal or electrical interference, the green and red Targeter circles on the Trauma Interface screen may become unstable and/or a warning message will be displayed. If the interference is excessive, the IM nail image on the Trauma Interface screen will disappear. If interference cannot be avoided, a standard X-Ray technique must be used.

**Note** All tool cables should be uncoiled completely and any excess cables should be kept out of the Targeter measurement volume.
Skin incision

Use serrated tip of Drill Sleeve to identify where to make incision. The tip is at the right position when the green circle is aligned with the desired hole on screen.

Make incision and place tip of the drill sleeve down to bone where the green circle is aligned directly over the hole on screen.

Note No X-Rays necessary.
Targeting the locking hole

With the appropriate length TRIGEN® SURESHOT® 4.0mm Drill Bit (7169-2810 or 7169-2811) inserted into the Targeter, insert the tip of the drill sleeve (represented by the green circle) through the incision and down to bone.

Critical Verify there are no other metal objects (including metal triangles) in the field. Metal interference will cause the system to be inaccurate.

Perfect circles
Align the tip of the drill sleeve over the desired hole in the nail. This will be represented on the screen when the green circle is centered in the hole as shown. Push serrated tip firmly against bone to keep the green circle static on the screen.

Note The orientation of the view is determined based on the orientation of the Targeter relative to the implant. For example, if the desired hole to target is an AP hole, direct the Targeter generally on the Anterior side of the leg. For more options, please see section: “Trauma Interface Screen Operation.”

Adjust the trajectory (represented by red line between two circles) of the red circle until both circles are concentric and centered with the desired hole on the screen. Then start drilling.

Note The green ring must be fully within the hole of the IM nail displayed on the Trauma Interface screen to ensure accurate drilling.
Drilling distal hole

Drill through near cortex and the nail using the TRIGEN® SURESHOT® 4.0mm Drill Bit (7169-2810 or 7169-2811). Before drilling through far cortex, obtain the screw measurement.

**Note** Important: if standard 4.0mm drill from TRIGEN set is used, magnetic metal can adversely affect accuracy causing the drill to miss. Verify there is no other magnetic metal object in area other than the items shown.

A note will appear on screen warning of compromised targeting field, if magnetic metal is close. If it is in the field, image disappears.

**Screw measurement**

With the tip of the drill against the far cortex, measure for length, then drill through the far cortex. Ensure the serrated tip of the drill sleeve is pushed against the bone.

**Example**

Measure 35mm, add approximately 5mm, the screw length would be 40mm.

Alternative screw measurement with depth gauge (7163-1189).

After successfully drilling through the screw hole of the nail with the TRIGEN® SURESHOT® 4.0mm Drill Bit, remove the drill bit being careful not to move the leg.
Screw insertion

Detach drill sleeve from Targeter. Introduce Hexdriver with the screw attached through Targeter.

TRIGEN® SURESHOT® Targeter is backed away from bone by sleeve length, approximately 80mm for the short sleeve.

**Note** Image disappears if too close.

**Note** The standard TRIGEN Hexdrivers are made from magnetic stainless steel that will cause interference with the system and cannot be used.

Insert the bone screw into the pre-drilled hole through the nail, and through the far cortex.

**Note** Use 5.0mm TRIGEN Internal Captured Screws (gold).

Before fully inserting the screw, remove power drill and Targeter. Final screw seating must be done by hand by attaching the T-handle (7167-4076) to the Medium Hexdriver (7163-1066).

The depth of the screw can be verified by placing a gold 9.0mm Drill Sleeve (7163-1152) down to bone over the hexdriver. There is a profile of the screw head and a groove on the hexdriver that may be used as an indicator for the position of the screw head relative to the near cortex. Positioning of the screw can be verified with the C-Arm.

Repeat with other distal screws.

**Note** Remove probe before proceeding to proximal locking by detaching the set stop bolt and pulling the probe by the set stop. Do not pull the cable to remove the probe.
Instruments for standard, dynamic and compression locking

- **Screw Length Sleeve**
  Cat. No. 7167-4085

- **Medium Hexdriver**
  Cat. No. 7163-1066

- **4.0mm Drill Sleeve**
  Cat. No. 7167-4083

- **9.0mm Drill Sleeve**
  Cat. No. 7163-1152

- **4.0mm Long Pilot Drill**
  Cat. No. 7163-1110

- **T-handle**
  Cat. No. 7167-4076

- **Nail Cap Set Screw**
  Cat. No. 7165-6000

- **META-NAIL Anterior Drop**
  Cat. No. 7165-4501

- **Mini Connector**
  Cat. No. 7163-1186

- **Screwdriver Release**
  Cat. No. 7167-4084

- **Nail Cap Set Screw**
  Cat. No. 7165-6000

- **9.0mm Drill Sleeve**
  Cat. No. 7163-1152

- **4.0mm Short Drill**
  Cat. No. 7163-1117

- **Screw Depth Gauge**
  Cat. No. 7163-1189

* 4.0mm Long Pilot Drill (7163-1110) is interchangeable with 4.0mm AO Long Drill (7163-1121)

** 4.0mm Short Drill (7163-1117) is interchangeable with 4.0mm AO Short Drill (7163-1123)
Locking screw measurement

There are three methods:

1. Gold 9.0mm Drill Sleeve, silver 4.0mm Drill Sleeve and 4.0mm Long Pilot Drill*.
2. Screw Depth Gauge (7163-1189).
3. Long Screw Length Sleeve (7165-4520) and 4.0mm Long Pilot Drill*.

Locking screw insertion

Distal locking options include three statically locked threaded holes that are targeted through the orange and green color-coded holes on the Anterior Drop.

Proximal locking options include two statically locked, nonthreaded AP holes.

Gold 5.0mm locking screws are compatible with 10, 11.5 and 13mm diameter nails.

Note The 4.0mm Short Step Drill (7164-1123) may be used to drill for a gold 5.0mm locking screw in the instance of hard cortical bone. The 4.7-4.0mm width transition facilitates easier screw insertion without compromising purchase.

*4.0mm Long Pilot Drill (7163-1110) is interchangeable with 4.0mm AO Long Drill (7163-1121)
Note Make sure to remove probe before proximal locking.

Distal locking without the use of TRIGEN SURESHOT®

Make a small incision at the site of screw entry and insert the gold 9.0mm Drill Sleeve and silver 4.0mm Drill Sleeve through the desired slot on the Anterior Drop down to bone. Drill both cortices with the 4.0mm Long Pilot Drill*.

Measure for screw length using either the calibrations on the 4.0mm Long Pilot Drill* or by removing the 4.0mm Drill Sleeve and using the Screw Depth Gauge. Attach the appropriate length screw to the end of the Medium Hexdriver (7163-1066) and insert through the gold 9.0mm Drill Sleeve on power until the laser etched ring on the Hexdriver reaches the back of the Drill Sleeve. Attach the T-handle to the Hexdriver and tighten the screw by hand.

Proximal locking without the use of TRIGEN SURESHOT

Proximal locking is performed in the AP plane using a free-hand technique. Confirm fracture reduction and align the C-Arm over the desired locking hole. Obtain a “perfect circle” image of the locking hole and use a blunt object to approximate the location of the locking hole by dimpling the skin.

Make a stab incision at the site, insert the 4.0mm Long Pilot Drill*, and drill both cortices. Measure for screw length using the Screw Depth Gauge. Alternatively, leave the 4.0mm Long Pilot Drill* in place, insert the Long Screw Length Sleeve down to bone, and read the exposed calibrations off the drill. Insert the appropriate length screw using the Medium Hexdriver/T-handle assembly.

*4.0mm Long Pilot Drill (7163-1110) is interchangeable with 4.0mm AO Long Drill (7163-1121)
Trauma Interface screen operation

**Overview mode**
When the Targeter is greater than 5cm from the interlocking holes, the Trauma Interface screen will display the IM nail in the overview mode. This provides the user with a larger field of view in order to help find the general location of the interlocking holes.

The view in the upper right corner is the profile view. It is collinear to the drill sleeve axis and the position is aligned with the tip of the drill sleeve.

**Drilling mode**
When the Targeter is moved within 5cm of the interlocking holes, the Trauma Interface screen will display the IM nail in the drilling mode. This provides the user with a smaller field of view that automatically zooms in to the interlocking holes.

The white lines displayed on either side of the IM nail can be used for targeting blocking screws. These lines are located 2.5mm from the side of the IM nail for all IM nails 10mm and larger in diameter. These lines are located 2mm from the sides of 8.5mm IM nails.

**Drilling mode manual rotation**
Each IM nail has several predefined views that are automatically selected depending on the position of the Targeter to the IM nail. Depending on the operating environment, these predefined views might not be appropriate and can be manually adjusted.

*To rotate the view*
Touch the screen near the outside and “drag” the view in a clockwise or counterclockwise direction.

*To flip the view*
Touch the “Menu” button and select “Toggle Back View.”

All changes made for a view are temporarily stored for that view until program exit.

*To reset the view*
The default view settings can be restored by touching the “Menu” button and selecting “Reset View” or double tapping the center of the screen.
Menu – Options

Menu
Tapping on the Menu button will open up several Menu options.

Toggle back view
This view may be used in cases where the Trauma Interface cannot be placed in front of the surgeon. It is intended to be used similar to the mirror option commonly available on C-Arm machines.

Implant
When choosing an implant, several options are given. Tap on screen to select.

Drill sleeve
Tap on screen to select appropriate drill sleeve.
Field check Fail screen, meaning that something is not targeting correctly. See “Troubleshooting” section for further information.

Pass screen
When targeting correctly, a “pass screen” will occur.

About
The “About screen” provides more information about the software used.

Shutdown
Tap on screen to shut down the system before flipping the power switch.
Error message
An error message will occur, if a probe-sensor is invalid or broken.

Distal blocking screws with TRIGEN® SURESHOT®
The white lines displayed on either side of the IM nail can be used for targeting blocking screws. These lines are located 2.5mm from the side of the IM nail for all IM nails 10mm and larger in diameter. These lines are located 2mm from the sides of 8.5mm IM nails.
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<th>Possible cause</th>
<th>Suggested action</th>
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<td>Mains power plug is not inserted (properly) or there is no mains power</td>
<td>Insert mains power plug into reliable power supply</td>
</tr>
<tr>
<td>No power on the wall outlet</td>
<td>Mains power plug is not inserted (properly) or there is no mains power</td>
<td>Insert mains power plug into reliable power supply</td>
</tr>
<tr>
<td>One or both mains power fuses are blown</td>
<td>Mains power plug is not inserted (properly) or there is no mains power</td>
<td>Insert mains power plug into reliable power supply</td>
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<tr>
<td>Buttons or items are difficult to select on the touchscreen</td>
<td>Touchscreen is de-calibrated</td>
<td>Access calibration software by selecting “Maintenance” from the “About” option under the “Menu” options (password required)</td>
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<tr>
<td>VGA video out not functioning</td>
<td>VGA port not activated on Trauma Interface</td>
<td>Connect VGA cable to both Trauma Interface and video monitor before powering on Trauma Interface</td>
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<tr>
<td></td>
<td>Damaged VGA cable</td>
<td>Replace VGA cable</td>
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<td>Video monitor not on correct input</td>
<td>Select proper input on video monitor</td>
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<tr>
<td>TRIGEN® SURESHOT® Targeter not recognized</td>
<td>Error reading data from Targeter</td>
<td>Unplug Targeter wait 10 seconds, plug back in</td>
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<tr>
<td></td>
<td>Damaged Targeter</td>
<td>Replace Targeter with new unit</td>
</tr>
<tr>
<td>Probe not recognized</td>
<td>Error reading data from probe</td>
<td>Unplug probe, wait 10 seconds, plug back in</td>
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<td></td>
<td>Damaged probe</td>
<td>Replace probe with new unit</td>
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<tr>
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<td>Obstruction within the nail cannulation</td>
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<tr>
<td>Nail not visible on the screen</td>
<td>Metal interference within the TRIGEN SURESHOT electromagnetic field</td>
<td>Remove any metal objects from the targeting field</td>
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<tr>
<td></td>
<td>TRIGEN SURESHOT Targeter and probe not within range of each other</td>
<td>Move the TRIGEN SURESHOT Targeter closer to the sensor end of the probe</td>
</tr>
<tr>
<td>Drill bit too short</td>
<td>Short drill bit being used and long drill sleeve option selected within software</td>
<td>Press “Menu”, “Drill Sleeve” and select the short drill sleeve option and use the short drill bit</td>
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<tr>
<td>Drill bit too long</td>
<td>Long drill bit being used and short drill sleeve option selected within software</td>
<td>Press “Menu”, “Drill Sleeve” and select the long drill sleeve option and use the long drill bit</td>
</tr>
<tr>
<td>Problem</td>
<td>Possible cause</td>
<td>Suggested action</td>
</tr>
<tr>
<td>------------------------------------------------------------------------</td>
<td>-------------------------------------------------------------------------------</td>
<td>---------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Red and Green targeting circles representing the drill sleeve appear incorrect</td>
<td>Incorrect drill sleeve length selected</td>
<td>Verify the correct drill sleeve length is selected from the software menu</td>
</tr>
<tr>
<td></td>
<td>Metal interference within the TRIGEN SURESHOT electromagnetic field</td>
<td>Remove any metal objects from the targeting field</td>
</tr>
<tr>
<td></td>
<td>Probe not inserted correctly within set stop</td>
<td>Verify probe is oriented and seated correctly in the notches of the set stop</td>
</tr>
<tr>
<td></td>
<td>Damaged probe</td>
<td>Verify probe accuracy with Field Accuracy Gauge</td>
</tr>
<tr>
<td>Targeting missed the intended hole</td>
<td>Metal interference within the TRIGEN SURESHOT electromagnetic field</td>
<td>Remove any metal objects from the targeting field</td>
</tr>
<tr>
<td></td>
<td>Probe not inserted correctly within set stop</td>
<td>Verify probe is oriented and seated correctly in the notches of the set stop</td>
</tr>
<tr>
<td></td>
<td>Damaged probe</td>
<td>Verify probe accuracy with Field Accuracy Gauge</td>
</tr>
<tr>
<td>Drill sleeve cannot be removed from TRIGEN SURESHOT Targeter</td>
<td>Over-tightening of drill sleeve</td>
<td>Use the Slotted Hammer from the instrument tray as a wrench to unscrew the drill sleeve counter-clockwise from the Targeter</td>
</tr>
<tr>
<td>The 4.7mm/4.0mm step drill will not fit through the drill sleeve</td>
<td>Not compatible with the TRIGEN SURESHOT Distal Targeting System</td>
<td>Only use the long (7169-2811) and short (7169-2810) drills designated for use with the TRIGEN SURESHOT Distal Targeting System</td>
</tr>
<tr>
<td>Field Accuracy Check fails</td>
<td>Metal interference within the TRIGEN SURESHOT electromagnetic field</td>
<td>Remove any metal objects from the targeting field</td>
</tr>
<tr>
<td></td>
<td>Field Accuracy Gauge improperly installed on Targeter</td>
<td>Verify Field Accuracy gauge is fully seated within Targeter port and knob is hand tightened to Targeter</td>
</tr>
<tr>
<td></td>
<td>META Set Stop improperly installed on Field Accuracy Gauge</td>
<td>Verify META Set Stop is correctly oriented and tightened securely to Field Accuracy Gauge</td>
</tr>
<tr>
<td></td>
<td>Probe is incorrectly inserted within META Set Stop</td>
<td>Verify probe is oriented properly and inserted to the “REF” notches on probe body</td>
</tr>
<tr>
<td></td>
<td>Probe is damaged</td>
<td>Replace probe with a new probe</td>
</tr>
<tr>
<td></td>
<td>Targeter is damaged</td>
<td>Replace Targeter with a new Targeter and return old one for service</td>
</tr>
</tbody>
</table>
Instruments for blocking screw insertion

- 4.0mm Long Pilot Drill (7163-1110) is interchangeable with 4.0mm AO Long Drill (7163-1121)

- 11.0mm T-handle Awl
  Cat. No. 7165-4522

- 11.0mm T-handle Block
  Cat. No. 7165-4508

- 8.5mm/10.0mm Screw Cartridge
  Cat. No. 7165-4511

- 11.5mm/13.0mm Screw Cartridge
  Cat. No. 7165-4513

- Offset Blocking Screw Cartridge
  Cat. No. 7165-4514

- Blocking Screw Alignment Pin
  Cat. No. 7165-4523

- 4.0mm Long Pilot Drill
  Cat. No. 7163-1110

- 4.0mm Drill Sleeve
  Cat. No. 7163-1156

- 9.0mm Drill Sleeve
  Cat. No. 7163-1152

- Medium Hexdriver
  Cat. No. 7163-1066

- 4.0mm Drill Sleeve
  Cat. No. 7163-1156

- Blocking Screw Device
  Cat. No. 7165-4515

- Mini Connector
  Cat. No. 7163-1186
Blocking screw technique

Incision and entry point

A 3-4cm midline incision is made followed by a medial parapatellar capsular incision to expose the intercondylar notch. Gently retract the patellar tendon laterally.

The entry point is located within the intercondylar notch just anterior and lateral to the femoral attachment of the posterior cruciate ligament.

Entry portal acquisition

Insert the 11.0mm T-handle Awl (7165-4522) manually to a depth just distal to the fracture.

**Note** When creating the initial entry point, pay close attention to the trajectory of the Awl and the relationship to the anatomic axis of the femur. Correct Awl trajectory in the distal fragment must be established prior to alignment with the anatomic axis of the proximal fragment. This will ensure accurate fracture reduction when the nail is inserted.
AP blocking screw insertion

In order to prevent varus or valgus malalignment of the distal fragment, blocking screws may be placed in the AP plane. Attach the Blocking Screw Device (7165-4515) to the 11.0mm T-handle Awl and move it into the desired position in the AP plane.

**Note** The Blocking Screw Alignment Pins (7165-4523) can be screwed into the three (3) threaded holes on the metal handle of the Blocking Screw Device to serve as external points of reference during fracture alignment.

Tighten the device to the Awl and insert the appropriate Blocking Screw Cartridge (7165-4511, 7165-4513, 7165-4514). Adjust the Cartridge proximally or distally within the Blocking Screw Device to determine blocking screw position.

Insert the gold 9.0mm Drill Sleeve and silver 4.0mm Drill Sleeve into the desired cartridge hole and down to bone. Drill both cortices with the 4.0 mm Long Pilot Drill*. Screw length is determined by reading the exposed drill bit calibrations or by removing the 4.0mm Drill Sleeve and measuring with the Screw Depth Gauge. Insert the screw with the Medium Hexdriver/T-handle assembly until the screw engages the far cortex.

**Note** Use caution during drilling and insertion of blocking screws in the AP plane. Plunging the drill bit past the posterior cortex or insertion of a screw that is too long may damage neurovascular structures located posterior to the distal femur.

* 4.0mm Long Pilot Drill (7163-1110) is interchangeable with 4.0mm AO Long Drill (7163-1121)
Following implantation of the distal blocking screw and fracture reduction, pass the 11.0mm T-handle Awl into the proximal fragment. Reposition either the Blocking Screw Cartridge or the Awl as necessary and follow the previously described technique for blocking screw insertion.

ML blocking screw insertion

In order to prevent anterior or posterior malalignment of the distal fragment, blocking screws may also be placed in the ML plane. Attach the Blocking Screw Device to the 11.0mm T-handle Awl and rotate it into the desired position in the ML plane.

Tighten the device to the Awl and insert the appropriate Blocking Screw Cartridge. Adjust the Cartridge proximally or distally within the Blocking Screw Device to determine blocking screw position. Blocking screw insertion follows the previously described technique.
Blocking screw insertion with reducer

Blocking screw insertion can also be performed by attaching the Blocking Screw Device to the Reducer instead of the 11.0mm T-handle Awl. Blocking screw insertion follows the previously described technique.

Final view: AP and ML blocking screw insertion

Once blocking screw insertion is complete, remove the Blocking Screw Device from the 11.0mm T-handle Awl or Reducer and obtain both AP and lateral radiographic images to confirm accurate placement.

The Awl or Reducer provides a good indication of the nail’s insertion trajectory based upon the location of the blocking screws. Following confirmation of proper screw placement, proceed with nail insertion following the META-NAIL™ system insertion technique.
Stability blocking screw insertion

Following nail insertion and confirmation of fracture reduction, blocking screws can be placed on either side of the nail in the metaphyseal region for additional stability. Screws may be inserted in both the AP and ML planes.

With the nail inserted, attach the Retrograde Femoral Blocking Screw Attachment (7165-4508) to the Anterior Drop, matching the orange shape found on the Blocking Screw Attachment to the corresponding one on the Drop (Triangle to Triangle for AP screws and Square to Square for ML screws). Follow the previously described technique for Cartridge positioning and blocking screw insertion.

**Note** The AP blocking screws targeted through the two (2) holes built into the Anterior Drop cannot be used if the most superior oblique distal locking screw has been inserted.
Final view:
Stability blocking screws

Once stability blocking screw insertion is complete, remove the Blocking Screw Attachment and Anterior Drop from the drill guide and obtain both AP and lateral radiographic images to confirm accurate placement.

TRIGEN™ nail cap and nail cap
Set screw insertion: **optional**

Remove the drill guide/Anterior Drop assembly. Attach the selected Nail Cap or Nail Cap Set Screw to the Medium Hexdriver/T-handle assembly and insert into the end of the nail until tight.

**Note** The TRIGEN Nail Cap does not engage with the most distal locking screws to create a fixed angle construct.

**Note** If cross-threading occurs, rotate the Nail Cap or Nail Cap Set Screw counterclockwise until its threads line up with those of the nail. Proceed with insertion until tight.
Instruments for implant removal

3.2mm Tip Threaded Guide Wire
Cat. No. 7163-1690

12.5mm Entry Reamer
Cat. No. 7163-1116

Cannulated Impactor-Medium
Cat. No. 7167-5081

Cannulated Impactor-Long
Cat. No. 7163-1185

Mini Connector
Cat. No. 7163-1186

Disposable Nail Extractor**
Cat. No. 7163-1320

3.0mm x 1000mm Ball Tip Guide Rod*
Cat. No. 7163-1626

T-handle
Cat. No. 7167-4076

Medium Hexdriver
Cat. No. 7163-1066

Slotted Hammer
Cat. No. 7167-4082

* Additional guide rods listed on page 52
** The Cannulated Impactor-Long is located in the original TRIGEN® Instrument Set (7163-1326)
*** The Disposable Nail Extractor (7163-1320) is interchangeable with the Large Nail Extractor (7163-1328) located in the original TRIGEN Instrument Set (7163-1326) and the HFN® Instrument Set (7170-0001)
Nail extraction: *optional*

**Standard technique**
Remove the Nail Cap or Nail Cap Set Screw if implanted and all of the proximal locking screws with the Medium Hexdriver/T-handle assembly. Remove all of the distal locking screws except for one in the same manner.

Thread the Extraction Bolt (7163-1320) into the Cannulated Impactor-Medium (7167-5081) or Cannulated Impactor-Long (7163-1185)* and introduce the extraction assembly into the end of the nail. Remove the remaining distal locking screw and then extract the nail with a back-slapping motion using the Slotted Hammer.

**Percutaneous technique**
This technique assumes the absence of a Nail Cap or Nail Cap Set Screw. Remove all proximal locking screws and all but one of the distal locking screws as previously described. Under fluoroscopy, insert a 3.2mm Tip Threaded Guide Wire (7163-1690) into the end of the nail on power or by hand. Make a 2cm incision around the Wire and advance the 12.5mm Entry Reamer over the Wire and into the end of the nail to remove any bony ingrowth.

Thread the Cannulated Impactor-Medium or Cannulated Impactor-Long (7163-1185) into the back of the Disposable Nail Extractor** (7163-1320) and then thread the assembly into the end of the nail. Remove the remaining distal locking screw and then extract the nail with a back-slapping motion.

*The Cannulated Impactor-Long is located in the original TRIGEN* Instrument Set (7163-1326)

**The Disposable Nail Extractor (7163-1320) is interchangeable with the Large Nail Extractor located in the original TRIGEN Instrument Set (7163-1326) and the HFN* Instrument Set (7170-0001)*

**Note** The tip of the Entry Reamer is straight for approximately 1cm before flaring out. It is this portion of the Entry Reamer that enters the top of the nail.
An alternative method for extraction

Guide rod jamming technique
Advance the end of a 3.0mm Ball Tip Guide Rod through the end of the nail. Insert a 2.0mm Smooth Guide Rod (7111-8280) in the same manner. With both guide rods in place, attach the Gripper to the end of the 3.0mm Ball Tip Guide Rod and pull it back so that it wedges the ball tip against the 2.0mm Smooth Guide Rod. Backslap against the Gripper with the Slotted Hammer to extract the nail.

Guide rods

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<th>Cat. No.</th>
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<tr>
<td>7111-8280</td>
<td>2.0mm x 900mm Smooth (RUSSELL-TAYLOR® System)*</td>
</tr>
<tr>
<td>7111-8202</td>
<td>3.0mm x 900mm Ball Tip (RUSSELL-TAYLOR System)*</td>
</tr>
<tr>
<td>7163-1626</td>
<td>3.0mm x 1000mm Ball Tip (TRIGEN® System)</td>
</tr>
</tbody>
</table>

Additional removal items

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>115074</td>
<td>Large Extractor Hook*</td>
</tr>
<tr>
<td>115073</td>
<td>Small Extractor Hook*</td>
</tr>
<tr>
<td>914658</td>
<td>Large Easy Out**</td>
</tr>
<tr>
<td>914659</td>
<td>Small Easy Out**</td>
</tr>
</tbody>
</table>

*Available sterile packed. For nail removal only, do not use for nail insertion
**Located in RUSSELL-TAYLOR Extraction Kit (Set #7508) available through Loaners
### 5.0mm Internal Captured Screws (Gold)

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Length</th>
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<tbody>
<tr>
<td>7164-2225</td>
<td>5.0mm x 25mm</td>
</tr>
<tr>
<td>7164-2230</td>
<td>5.0mm x 30mm</td>
</tr>
<tr>
<td>7164-2235</td>
<td>5.0mm x 35mm</td>
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<tr>
<td>7164-2240</td>
<td>5.0mm x 40mm</td>
</tr>
<tr>
<td>7164-2245</td>
<td>5.0mm x 45mm</td>
</tr>
<tr>
<td>7164-2250</td>
<td>5.0mm x 50mm</td>
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<tr>
<td>7164-2255</td>
<td>5.0mm x 55mm</td>
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<tr>
<td>7164-2260</td>
<td>5.0mm x 60mm</td>
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<tr>
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<td>5.0mm x 65mm</td>
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<tr>
<td>7164-2270</td>
<td>5.0mm x 70mm</td>
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<tr>
<td>7164-2275</td>
<td>5.0mm x 75mm</td>
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<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Length</th>
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<tbody>
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<td>7164-2290</td>
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<td>7164-2200</td>
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<td>7164-2205</td>
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<tr>
<td>7164-2210</td>
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### TRIGEN META-NAIL 10mm Retrograde Femoral

Set No. 7165-1000

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<tr>
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<td>18cm</td>
</tr>
<tr>
<td>7165-3020</td>
<td>20cm</td>
</tr>
<tr>
<td>7165-3022</td>
<td>22cm</td>
</tr>
<tr>
<td>7165-3024</td>
<td>24cm</td>
</tr>
<tr>
<td>7165-3026</td>
<td>26cm</td>
</tr>
<tr>
<td>7165-3028</td>
<td>28cm</td>
</tr>
<tr>
<td>7165-3030*</td>
<td>30cm</td>
</tr>
<tr>
<td>7165-3032*</td>
<td>32cm</td>
</tr>
<tr>
<td>7165-3034*</td>
<td>34cm</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Length</th>
</tr>
</thead>
<tbody>
<tr>
<td>7165-3036*</td>
<td>36cm</td>
</tr>
<tr>
<td>7165-3038*</td>
<td>38cm</td>
</tr>
<tr>
<td>7165-3040*</td>
<td>40cm</td>
</tr>
<tr>
<td>7165-3042*</td>
<td>42cm</td>
</tr>
<tr>
<td>7165-3044</td>
<td>44cm</td>
</tr>
<tr>
<td>7165-3046</td>
<td>46cm</td>
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<tr>
<td>7165-3048</td>
<td>48cm</td>
</tr>
<tr>
<td>7165-3050</td>
<td>50cm</td>
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</tbody>
</table>

* Contained in the standard implant set
TRIGEN META-NAIL 11.5mm Retrograde Femoral
Set No. 7165-1001

<table>
<thead>
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<th>Length</th>
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<tbody>
<tr>
<td>7165-3218</td>
<td>18cm</td>
</tr>
<tr>
<td>7165-3220</td>
<td>20cm</td>
</tr>
<tr>
<td>7165-3222</td>
<td>22cm</td>
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<tr>
<td>7165-3224</td>
<td>24cm</td>
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<tr>
<td>7165-3226</td>
<td>26cm</td>
</tr>
<tr>
<td>7165-3228</td>
<td>28cm</td>
</tr>
<tr>
<td>7165-3230*</td>
<td>30cm</td>
</tr>
<tr>
<td>7165-3232*</td>
<td>32cm</td>
</tr>
<tr>
<td>7165-3234*</td>
<td>34cm</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Length</th>
</tr>
</thead>
<tbody>
<tr>
<td>7165-3236*</td>
<td>36cm</td>
</tr>
<tr>
<td>7165-3238*</td>
<td>38cm</td>
</tr>
<tr>
<td>7165-3240*</td>
<td>40cm</td>
</tr>
<tr>
<td>7165-3242*</td>
<td>42cm</td>
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<tr>
<td>7165-3244</td>
<td>44cm</td>
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<tr>
<td>7165-3246</td>
<td>46cm</td>
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<td>7165-3248</td>
<td>48cm</td>
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<tr>
<td>7165-3250</td>
<td>50cm</td>
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</table>

TRIGEN META-NAIL 13mm Retrograde Femoral
Set No. 7165-1002

<table>
<thead>
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<th>Cat. No.</th>
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<tr>
<td>7165-3420</td>
<td>20cm</td>
</tr>
<tr>
<td>7165-3422</td>
<td>22cm</td>
</tr>
<tr>
<td>7165-3424</td>
<td>24cm</td>
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<tr>
<td>7165-3426</td>
<td>26cm</td>
</tr>
<tr>
<td>7165-3428</td>
<td>28cm</td>
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<tr>
<td>7165-3430*</td>
<td>30cm</td>
</tr>
<tr>
<td>7165-3432*</td>
<td>32cm</td>
</tr>
<tr>
<td>7165-3434*</td>
<td>34cm</td>
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</table>

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Length</th>
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</thead>
<tbody>
<tr>
<td>7165-3436</td>
<td>36cm</td>
</tr>
<tr>
<td>7165-3438*</td>
<td>38cm</td>
</tr>
<tr>
<td>7165-3440*</td>
<td>40cm</td>
</tr>
<tr>
<td>7165-3442*</td>
<td>42cm</td>
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<tr>
<td>7165-3444</td>
<td>44cm</td>
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<tr>
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<tr>
<td>7165-3448</td>
<td>48cm</td>
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<tr>
<td>7165-3450</td>
<td>50cm</td>
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Nail Cap Set Screw
Cat. No. 7165-6000

<table>
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<th>Length</th>
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<tbody>
<tr>
<td>7163-4000</td>
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<tr>
<td>7163-4005</td>
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<tr>
<td>7163-4010</td>
<td>10mm</td>
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</table>

TRIGEN Nail Caps

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Length</th>
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</thead>
<tbody>
<tr>
<td>7163-4015</td>
<td>15mm</td>
</tr>
<tr>
<td>7163-4020</td>
<td>20mm</td>
</tr>
</tbody>
</table>

* Contained in the standard implant set
TRIGEN META-NAIL Blocking Screw Instruments
Set No. 7165-4001

Blocking Screw Device
Cat. No. 7165-4515

11.0mm T-handle Awl
Cat. No. 7165-4522

8.5mm/10mm Blocking Screw Cartridge
Cat. No. 7165-4511

11.5mm/13mm Blocking Screw Cartridge
Cat. No. 7165-4513

Offset Blocking Screw Cartridge
Cat. No. 7165-4514

Blocking Screw Alignment Pin
Cat. No. 7165-4523

Retrograde Femoral Blocking Screw Attachment
Cat. No. 7165-4508

Blocking Screw Instrument Case
Cat. No. 7165-4552

Blocking Screw Instrument Lid
Cat. No. 7165-4553
TRIGEN META-NAIL Blocking Screw Instruments
Set No. 7165-4002

META-NAIL Anterior Drop
Cat. No. 7165-4501

META-NAIL Drill Guide
Cat. No. 7165-4502

META-NAIL Extension Drill Guide
Cat. No. 7165-4503

Extension Guide Bolt (23mm)
Cat. No. 7165-4505

Guide Bolt Long (51mm)
Cat. No. 7165-4506

META-NAIL Instrument Case
Cat. No. 7165-4551

META-NAIL Instrument Lid
Cat. No. 7165-4550

Long Screw Length Sleeve
Cat. No. 7165-4520

Cannulated Impactor-Short
Cat. No. 7165-4554
Instruments used if you have TRIGEN<sup>®</sup> Base Set

Set No. 7167-4012

- Medium Hexdriver
  Cat. No. 7163-1066

- Short Hexdriver
  Cat. No. 7163-1068

- 12.5mm Entry Reamer
  Cat. No. 7163-1116

- Guide Bolt Wrench
  Cat. No. 7163-1140

- 9.0mm Drill Sleeve
  Cat. No. 7163-1152

- Multipurpose Driver
  Cat. No. 7163-1161

- Mini Connector
  Cat. No. 7163-1186

- Screw Depth Gauge
  Cat. No. 7163-1189

- Cannulated Awl
  Cat. No. 7167-4000

- Entry Portal Tube
  Cat. No. 7167-4060

- 3.2mm T-handle Trocar
  Cat. No. 7167-4074

- Honeycomb
  Cat. No. 7167-4075

- Flexible Reamer Shaft
  Cat. No. 7111-8200

- Reamer Heads
  Cat. No. 7111-8231-8246
Catalog information – TRIGEN° META-NAIL° Instruments

T-handle
Cat. No. 7167-4076

Reducer
Cat. No. 7167-4077

Obturator
Cat. No. 7167-4078

Ruler
Cat. No. 7167-4079

Gripper
Cat. No. 7167-4080

Cannulated Impactor-Medium
Cat. No. 7167-5081

Slotted Hammer
Cat. No. 7167-4082

4.0mm Drill Sleeve
Cat. No. 7167-4083

Screwdriver Release
Cat. No. 7167-4084

Screw Length Sleeve
Cat. No. 7167-4085

Entry Portal Handle
Cat. No. 7167-4092
Instruments used if you have existing TRIGEN™ set

Set No. 7163-1326

**Medium Hexdriver**
Cat. No. 7163-1066

**Short Hexdriver**
Cat. No. 7163-1068

**Gripper**
Cat. No. 7163-1100

**Entry Tool**
Cat. No. 7163-1114

**12.5mm Entry Reamer**
Cat. No. 7163-1116

**Obturator**
Cat. No. 7163-1122

**Reducer**
Cat. No. 7163-1124

**Ruler**
Cat. No. 7163-1128

**Guide Bolt Wrench**
Cat. No. 7163-1140

**Hammer**
Cat. No. 7163-1150

**9.0mm Drill Sleeve**
Cat. No. 7163-1152

**4.0mm Drill Sleeve**
Cat. No. 7163-1156

**Multipurpose Driver**
Cat. No. 7163-1161

**T-handle**
Cat. No. 7163-1172
Catalog information – TRIGEN® META-NAIL® Instruments

Mini Connector
Cat. No. 7163-1186

Screw Depth Gauge
Cat. No. 7163-1189

Screw Driver Release Handle
Cat. No. 7163-1208

Cannulated Impactor-Long
Cat. No. 7163-1185

Flexible Reamer Shaft
Cat. No. 7163-1192

Reamer Heads
Cat. No. 7111-8231-8242

META-NAIL Disposables
Set No. 7165-4003

4.0mm Long Pilot Drill*
Cat. No. 7163-1110

4.0mm Short Drill**
Cat. No. 7163-1117

3.0mm x 1000mm Ball Tip Guide Rod
Cat. No. 7163-1626

3.2mm Tip Threaded Guide Wire
Cat. No. 7163-1690

Disposable Compression Driver
Cat. No. 7165-4517

Disposable Nail Extractor***
Cat. No. 7163-1320

* 4.0mm Long Pilot Drill (7163-1110) is interchangeable with 4.0mm AO Long Drill (7163-1121)
** 4.0mm Short Drill (7163-1117) is interchangeable with 4.0mm AO Short Drill (7163-1123)
*** The Disposable Nail Extractor (7163-1320) is interchangeable with the Large Nail Extractor (7163-1278) located in the original TRIGEN Instrument Set (7163-1326) and the HFN® Instrument Set (7170-0001)
TRIGEN SURESHOT Targeting Interface
Cat. No. 7165-7000

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Device</th>
<th>Case Qty</th>
</tr>
</thead>
<tbody>
<tr>
<td>7169-2802</td>
<td>Trauma Interface</td>
<td>1</td>
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</table>

TRIGEN SURESHOT Targeting Instrument Set
Set No. 7165-7001

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Description</th>
<th>Tray Qty</th>
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</thead>
<tbody>
<tr>
<td>7169-2801</td>
<td>Targeter</td>
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<tr>
<td>7169-2804</td>
<td>Drill Sleeve - Long</td>
<td>2</td>
</tr>
<tr>
<td>7169-2805</td>
<td>Drill Sleeve - Short</td>
<td>2</td>
</tr>
<tr>
<td>7169-2806</td>
<td>META® Set Stop</td>
<td>1</td>
</tr>
<tr>
<td>7169-2807</td>
<td>TAN® Set Stop</td>
<td>1</td>
</tr>
<tr>
<td>7169-2808</td>
<td>Field Accuracy Gauge</td>
<td>1</td>
</tr>
<tr>
<td>7169-2809</td>
<td>Hexdriver</td>
<td>1</td>
</tr>
<tr>
<td>7169-2816</td>
<td>TAN Anteversion Locking Guide</td>
<td>1</td>
</tr>
<tr>
<td>7169-2830</td>
<td>Targeting Instrument Tray</td>
<td>1</td>
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<tr>
<td>7169-2831</td>
<td>Targeting Instrument Tray Lid</td>
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</table>

TRIGEN SURESHOT Targeting Disposables Set
Set No. 7165-7002

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Description</th>
<th>Qty</th>
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</thead>
<tbody>
<tr>
<td>7169-2810</td>
<td>AO Drill Bit - Short</td>
<td>2</td>
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<td>7169-2811</td>
<td>AO Drill Bit - Long</td>
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Additional Disposable

<table>
<thead>
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<th>Cat. No.</th>
<th>Description</th>
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<tbody>
<tr>
<td>7169-2814</td>
<td>META-NAIL Standard Drill Guide Probe (used with TRIGEN META-NAIL Instrument Set, 7165-4002)</td>
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### TRIGEN SURESHOT Country Kit – North America
Cat. No. 7165-7003

<table>
<thead>
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<th>Description</th>
<th>Qty</th>
</tr>
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<tbody>
<tr>
<td>6680-0193</td>
<td>Power Cord, 125 Volt 10 Amp – North America (Hospital Grade)</td>
<td>1</td>
</tr>
<tr>
<td>7118-1927</td>
<td>User Manual, English</td>
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### Additional country kits

### TRIGEN SURESHOT Country Kit – Australia
Cat. No. 7165-7004

<table>
<thead>
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<th>Description</th>
<th>Qty</th>
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</thead>
<tbody>
<tr>
<td>6680-0303</td>
<td>Power Cord, 250 Volt 10 Amp – Australia/NZ</td>
<td>1</td>
</tr>
<tr>
<td>7118-1927</td>
<td>User Manual, English</td>
<td>1</td>
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### TRIGEN SURESHOT Country Kit – Continental Europe
Cat. No. 7165-7005

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Description</th>
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</tr>
</thead>
<tbody>
<tr>
<td>6680-0291</td>
<td>Power Cord, 250 Volt 10 Amp – Continental Europe</td>
<td>1</td>
</tr>
<tr>
<td>7118-1927</td>
<td>User Manual, English</td>
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### TRIGEN SURESHOT Country Kit – Germany
Cat. No. 7165-7006

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<th>Cat. No.</th>
<th>Description</th>
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</thead>
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<td>Power Cord, 250 Volt 10 Amp – Continental Europe</td>
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<tr>
<td>7118-1538</td>
<td>User Manual, German</td>
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### TRIGEN SURESHOT Country Kit – Spain
Cat. No. 7165-7007

<table>
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<th>Cat. No.</th>
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<td>Power Cord, 250 Volt 10 Amp – Continental Europe</td>
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<tr>
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### TRIGEN SURESHOT Country Kit – Italy
Cat. No. 7165-7009

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</tr>
<tr>
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### TRIGEN SURESHOT Country Kit – United Kingdom
Cat. No. 7165-7011

<table>
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<th>Cat. No.</th>
<th>Description</th>
<th>Qty</th>
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<tbody>
<tr>
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<tr>
<td>7118-1927</td>
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### TRIGEN SURESHOT Country Kit – South Africa/India
Cat. No. 7165-7012

<table>
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<tr>
<th>Cat. No.</th>
<th>Description</th>
<th>Qty</th>
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<tbody>
<tr>
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</tr>
<tr>
<td>7118-1927</td>
<td>User Manual, English</td>
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