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PRELIMINARY PROGRAMME

Anatomic and Biomechanical Basis
of Knee Ligament Reconstruction
Instructional Course

Expert Connect Centre, Croxley Park, UK

4th & 5th April, 2019

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Description

This advanced two day course discusses the anatomic and biomechanical rationale behind state-of-the-art knee ligament reconstruction. Participants will be given the opportunity to perform anatomic Anterior Cruciate Ligament (ACL), Posterior Cruciate Ligament (PCL), Medial Collateral Ligament (MCL), Posterior Oblique Ligament (POL), Posterolateral Corner (PLC), Anterolateral Ligament (ALL) and Medial Patellofemoral Ligament (MPFL) reconstructions under the supervision of a faculty of internationally recognised experts.

A short series of lectures will be followed by faculty demonstrations using anatomical specimens and extensive hands on surgical skills training. Participants will be invited to discuss, practice and perfect new ligament reconstruction techniques in a fully equipped wet lab. Additionally there will be the opportunity to use fluoroscopy to document placement of ACL and MPFL reconstruction tunnels.

Chairman - Invited



Dr Charles Brown
Chairman
Director and Consultant Orthopaedic Surgeon
International Knee and Sports Medicine Centre
Abu Dhabi, UAE

Faculty - Invited

TBC

Accreditation

Accredited by the Royal College of Surgeons - England.

Learning objectives

By attending this course, participants will be able to:

- Describe the clinical relevant anatomy and biomechanics of the ACL, PCL, PFJ, medial and Lateral sides of the knee.
- Explain current evidence-based anatomic knee ligament reconstructions.
- Perform current evidence-based anatomic knee ligament reconstructions.

Participant profile

- Orthopaedic surgeons experienced in knee ligament reconstruction:
 - Interested in furthering their knowledge of clinically relevant knee anatomy and ligament biomechanics.
 - Interested in learning current state-of-the-art anatomic based knee ligament reconstructions
 - Involved in the training of orthopaedic surgical residents, registrars and fellows.
 - Participants should have a good understanding of basic knee anatomy and biomechanics and should have the surgical skills necessary to perform arthroscopic knee ligament reconstructions and open ligament surgery.
 - The course will be conducted in English, therefore a good command of the language is required.
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Wednesday 3rd April, 2019

Individual arrivals

Thursday 4th April, 2019

07:30 Coach departs from hotel to Expert Connect Centre, Croxley Park, Watford, UK, WD18 8YE

Didactic 1		
Time	Session	Speaker
08:00	Registration	All
08:30	Welcome and Introductions	P. Wellings, Smith and Nephew
08:35	Course aims, objectives & faculty introductions	C. Brown
	ACL Update: What's on your menu in 2019?	Moderator:
08:45	ACL graft options	TBC
09:25	Q&A	All
09:40	PCL	Moderator:
10:00	Clinical Practise Pearl: Approaching 0% infection after cruciate ligament reconstruction	
10:10	Q&A	All
Coffee break		
10:25		All
Didactic 2		
10:50	Medial Side	Moderator:
11:05	Q&A	All
11:20	Patellofemoral Joint	Moderator:
11:40	Q&A	All
11:55	Lateral side	Moderator:
12:10	The Anterolateral Complex of the knee	Moderator:
12:35	Q&A	All
Lunch		
12:50		All
Lab Session 1		
13:30		All
Coffee Break		
15:15		All
Lab Session 2		
15:30		All
Adjourn		
16:30	Coach back to hotel	All
19:30	Course Dinner, TBC	All

Friday 5th April, 2019

08:00 Transfer from Jurys Inn Hotel to ECC

Time	Session	Speaker
Lab Session 3		
08:30		All
Coffee Break		
10:00		All
Lab Session 4		
10:15		All
Lunch		
12:00		All
Lab Session 5		
12:45		All
Adjourn		
14:00	Course wrap up	C. Brown
14:15	Individual departures	All

Course fees

Registration fee covers course dinner, accommodation (one night), ground transportation, during programme, instructional course attendance, course materials and refreshments.

Course venue

Smith & Nephew Expert Connect Centre (ECC)
Croxley Park
Building 5 Hatters Lane
Watford
WD18 8YE

Hotel

Jurys Inn Hotel
Clarendon Road
WATFORD
WD17 1JA

Course dinner

Jurys Inn Hotel (In house)
Clarendon Road
WATFORD
WD17 1JA

Organiser

Paul B Wellings
ENT & Sports Medicine Content Delivery Manager
Telephone +44 (0) 7971 154 707
Email: paul.wellings@smith-nephew.com

Course Certificates

Delegates will receive a certificate of attendance on completion of the course. Such certificate of attendance will be delivered only to delegates who attend all of the course, unless there are exceptional circumstances.

Any exceptions for legitimate reasons will be assessed by the course organiser.

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