

# ALLEVYN Life in the treatment of chronic leg ulceration

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## Case challenge

- Mrs. B, a female in her late eighties
- Mixed aetiology ulceration to left leg after trauma injury (see Figure 1).
- Dementia
- Recent weight loss
- Ascitis

## Key challenges

- Mrs. B frequently removes her dressing.
- Mrs. B became distressed at dressing change.
  - Needs a dressing that could stay in place for longer.

## Wellbeing impacts

### Psychological

Dressing change was increasingly becoming a cause of distress and anxiety for Mrs. B.

### Physical

It was felt that Mrs. B's distress at dressing change was arising as a result of the physical trauma and resultant discomfort associated with dressing removal and re-application.

## Initial Management objectives

Select a dressing which would:

- Require infrequent changing and thereby minimize distressing dressing changes
- Cause minimal pain or trauma during application and removal to minimize dressing change-associated distress
- Stay in place

## Treatment

- ALLEVYN Life was selected as a primary dressing with the objective of managing exudate, staying securely in place and being trauma-free on removal. A compression liner was also applied over the ALLEVYN Life dressing.

## Outcome

- The anatomical shaping of ALLEVYN Life coupled with the extensive dressing border ensured the dressing stayed in place allowing the frequency of dressing change to be reduced to just once per week. The silicone adhesive assisted with pain free non-traumatic dressing changes. As a result of a reduction in both dressing change frequency associated trauma, Mrs B began to exhibit less anxiety when the District Nurse visited to change her dressing



Fig 1. Initial presentation



Fig 2. ALLEVYN Life dressing *in-situ*



Fig 3. Following treatment with ALLEVYN Life dressing