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PRELIMINARY PROGRAMME

## Advanced Knee Arthroscopy Instructional Course

Expert Connect Centre, Croxley Park, UK

23<sup>rd</sup> – 24<sup>th</sup> May, 2019

Chairman: Dr Thomas Harlem

Head of Center for Knee Injuries

Haralds plass Deaconal Hospital, Bergen

Norway

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Royal College  
of Surgeons

ADVANCING SURGICAL CARE



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## Description

The Advanced Knee Ligament Instructional Course will cover a range of solutions available for treating different knee ligament injuries. Participants will hear lectures on current techniques and topics and gain valuable hands on practice in a state-of-the-art wet lab.

Over two days, the course will include lectures, discussions and hands-on cadaveric practice. There will also be an ACL tunnel placement study giving participants the opportunity to evaluate and improve their current technique.

### Chairman



#### **Dr Thomas Harlem**

Consultant Orthopaedic Surgeon  
Head of Center for Knee Injuries  
Haralds plass Deaconal Hospital, Bergen  
Norway

### Faculty - Invited

TBC

## Accreditation

Accredited by the Royal College of Surgeons of England.

## Learning objectives

By attending this course, participants will be able to:

- Describe different treatment options available for patients with knee ligament injuries
- Demonstrate ligament reconstruction techniques
- Outline current concepts in knee repair
- Evaluate ACL tunnel placement

## Participant profile

- Surgeons who routinely perform arthroscopic knee procedures including ACL reconstruction
  - Surgeons who have had some exposure to less common ligament reconstructions
  - Surgeons wanting to expand their practice into less common ligament reconstructions
  - The course will be conducted in English, so it is essential participants have a good understanding of the language
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## Thursday 23<sup>rd</sup> May, 2019

Up to 12:30 Individual arrival & lunch, Expert Connect Centre, Croxley Park, Watford, UK, WD18 8YE

Didactic 1 – ACL Reconstruction		
Time	Session	Speaker
12:30	Welcome to the Expert Connect Centre	P. Wellings, Smith & Nephew
12:35	Course objectives and outcomes	
12:45	Anatomic ACL Reconstruction	
13:00	Graft choice Debate <ul style="list-style-type: none"><li>• Bone Tendon Bone</li><li>• Hamstrings</li></ul>	
13:25	Femoral tunnel placement	
Practical Session 1		
13:40	Graft Harvesting and Anatomic ACL Reconstruction	All
Coffee		
16:00		All
Didactic 2 – PCL/Discussion		
16:15	PCL Reconstruction	TBA
16:30	Case discussions	
Adjourn		
17:30	Depart ECC to Jurys Inn Hotel, Watford	All
19:30	Course dinner, Bill's Restaurant, Watford	All

## Friday 24<sup>th</sup> May, 2019

07:30 Transfer from Jurys Inn Hotel to ECC

Didactic 3 - MPFL		
Time	Session	Speaker
08:00	MPFL Reconstruction	
08:15	Medial Side Reconstruction	
08:30	Posterolateral Reconstruction	
08:45	Anterior Lateral reconstruction and related procedures	
09:00	Managing patients with multiple ligament injuries	
Practical Session 2		
09:15		All
Lunch		
12:15		All
Didactic 4 – Free Lab		
13:00		All
Adjourn		
14:15	Individual departures	

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## Course fees

Registration fee covers course dinner, accommodation (one night), ground transportation, during programme, instructional course attendance, course materials and refreshments.

## Course venue

Smith & Nephew Expert Connect Centre (ECC)  
Croxley Park  
Building 5 Hatters Lane  
Watford  
WD18 8YE

## Hotel

Jurys Inn Hotel  
Clarendon Road  
WATFORD  
WD17 1JA

## Course dinner

Bills Restaurant  
107 High Street  
WATFORD  
WD17 2DQ

## Organiser

Paul B Wellings  
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## Course Certificates

Delegates will receive a certificate of attendance on completion of the course. Such certificate of attendance will be delivered only to delegates who attend all of the course, unless there are exceptional circumstances.

Any exceptions for legitimate reasons will be assessed by the course organiser.

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