Advanced Shoulder Arthroscopy
Instructional Course

Provisional Programme

Chairman: Dr Miguel Angel Ruiz Ibáñ (ES)
Expert Connect Centre, Croxley Park, UK
2-3 March, 2017
Description
From soft tissue removal and repair through to managing bone loss of the glenoid, the Smith & Nephew Advanced Shoulder Arthroscopy programme blends classroom learning with case discussion and hands-on experience in a state of the art facility. This course has been specifically designed to address the more challenging aspects of arthroscopic repair. Participants will hear lectures on current concepts, be encouraged to engage in debate, and perform advanced techniques in the wet lab. Participants can expect to leave the course with fresh ideas to take back to the operating room.

Chairman

Dr Miguel A. Ruiz Ibán MD. Ph.D.
Head of the Shoulder and Elbow Unit
Department of Orthopaedic Surgery & Trauma
Hospital Universitario Ramón y Cajal
Spain

Faculty

Dr Umile Guiseppi Longo
Shoulder Surgeon
University Campus Bio-Medico of Rome
Italy

Dr Bruno Toussaint
Clinique Générale
Chemin tour de la Reine
Annecy
France

Dr Ralf Müller-Rath MD
OPN Orthopaedic Clinic Neuss
Germany

Learning objectives
By attending this course, participants will be able to:

- Explain the latest thinking in arthroscopic shoulder surgery
- Demonstrate practical arthroscopic advanced rotator cuff repair and stabilisation techniques
- Outline the treatment options available for patients with massive and "irreparable" rotator cuff tears
- Outline the treatment options available for managing bone loss
- Evaluate different treatment options for patients with complex shoulder conditions
Participant profile
- Experienced shoulder surgeons who are currently performing a high number of arthroscopic procedures including rotator cuff repair and shoulder stabilisation.
- Participants should be interested in more complex shoulder repair concepts including managing bone loss.
- The course will be conducted in English so it is essential participants have a good understanding of the language.

Examples of products used in this course

Rotator Cuff Repair

Instability Repair

The S&N shoulder repair portfolio contains a wide choice of implants, suture types and suture-passing devices to meet the needs of you and your patients. Please ask your S&N representative for more information.
**Thursday 2 March 2017**

*Individual arrival & lunch*

Expert Connect Centre (ECC), Croxley Park, Watford

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Faculty</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:30</td>
<td>Welcome and Introduction</td>
<td>Paul Wellings (S&amp;N)</td>
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<tr>
<td>Session 1</td>
<td><strong>Instability</strong></td>
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<tr>
<td>12:45</td>
<td>Instability introduction: Anchors, materials and placement discussion</td>
<td>Dr Miguel Ruiz Iban</td>
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<tr>
<td></td>
<td>(with voting keypads)</td>
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<tr>
<td>13:00</td>
<td>Management of complex labral lesions</td>
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<tr>
<td>13:15</td>
<td>Management of multi-directional instability including capsular shift</td>
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<tr>
<td>13:30</td>
<td>Assessment and management of SLAP lesions</td>
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<tr>
<td>13:45</td>
<td>Remplissage</td>
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<tr>
<td>14:00</td>
<td>Management of bony glenoid lesions</td>
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<tr>
<td>14:15</td>
<td>Coblation technology &amp; introduction to S&amp;N instability portfolio</td>
<td>S&amp;N</td>
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<tr>
<td>14:30</td>
<td><em>Tea &amp; change for lab</em></td>
<td>All</td>
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<tr>
<td>14:45</td>
<td>Lab session 1 – Instability Repair</td>
<td>All</td>
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<tr>
<td>Session 2</td>
<td><strong>Discussion</strong></td>
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<tr>
<td>17:00</td>
<td>Case discussions</td>
<td>All</td>
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<tr>
<td>18:00</td>
<td>Adjourn, transfer to Shendish Manor Hotel, Hemel Hempstead</td>
<td>All</td>
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<tr>
<td>19:30</td>
<td><em>Course dinner – venue TBC</em></td>
<td>All</td>
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**Friday 3 March 2017**

08:00 Coach transfer from hotel to Expert Connect Centre (ECC)

ECC, Croxley Park, Watford

<table>
<thead>
<tr>
<th>Session 3</th>
<th><strong>Rotator Cuff</strong></th>
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<tbody>
<tr>
<td>08:30</td>
<td>Rotator cuff introduction &amp; discussion (voting with keypads)</td>
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<tr>
<td>08:45</td>
<td>Massive cuff tears: when and how to treat</td>
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<td>09:00</td>
<td>Managing a partial thickness tear: rationale and indications</td>
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<tr>
<td>09:15</td>
<td>Subscapular tendon repair</td>
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<td>09:30</td>
<td>Suprascapular nerve release</td>
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<tr>
<td>09:45</td>
<td>S&amp;N cuff portfolio introduction</td>
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<tr>
<td>09:55</td>
<td><em>Coffee and change for lab</em></td>
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<tr>
<td>10:15</td>
<td>Lab session 2 – Rotator Cuff Ultra-contact techniques</td>
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<tr>
<td>12:00</td>
<td><em>Lunch</em></td>
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<tr>
<td>Session 4</td>
<td><strong>Discussion</strong></td>
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<tr>
<td>12:45</td>
<td>Case discussions</td>
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<tr>
<td>Session 5</td>
<td><strong>Free lab</strong></td>
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<tr>
<td>13:45</td>
<td>Lab session 3 – Free Time</td>
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<tr>
<td></td>
<td>• S&amp;N Shoulder repair portfolio available</td>
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<td></td>
<td>• Opportunity for dissections</td>
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<tr>
<td>14:45</td>
<td>Course conclusion and evaluation</td>
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<tr>
<td>15:00</td>
<td><em>Individual departures</em></td>
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Course fees
Registration fee covers, course dinner, accommodation (one night), course attendance, programme materials and refreshments.

Course venue
Smith & Nephew Expert Connect Centre (ECC)
Croxley Park
Building 5 Hatters Lane
Watford
WD18 8YE

Hotel
Shendish Manor Hotel
London Road
Hemel Hempstead
HP3 0AA

Course dinner
TBA

Organiser
Paul B Wellings
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